

College Essay Boot Camp - Brainstorming Sheet

List some of your defining qualities:

Identify times you demonstrated your three most important qualities

Which of these times included a problem or obstacle you had to overcome, even if that problem is your defining quality?

Which of these times includes an unexpected twist or surprising detail about you within the story?

Which of these times has the greatest potential to stand for something larger?

Quickly describe your chosen story using descriptive details and setting the scene by giving the reader the five W's: who, what, when, where, and why.

List any emotions, dialogue, essential details, and examples that are part of the anecdote

Describe what you learned and how the situation changed you?